

HEALTH AND WELLNESS THAT MEET THE MOMENT



The way college should be: fast access, real care, whole-student support.

Since 1911, SMC has steadfastly delivered on its promise to students and Spartanburg by investing in excellent education. SMCX, the SMC Student Experience, surrounds academics with mental health and wellbeing supports that help students thrive.

As SMC grows, mental health needs grow with it. SMC provides comprehensive support through the Wellness Center that includes individual counseling, crisis intervention, psychiatric services, 24/7 telehealth wellness clubs and events, and confidential care in welcoming spaces. Your support sustains these vital services and ensures every student can access the preventative and acute care they need to persist and graduate. Peer support and faculty-staff training ensure more doors lead to help.



**KEEPING
THE PROMISE**

THE CAMPAIGN FOR SPARTANBURG METHODIST COLLEGE

Your Support Sustains Comprehensive Care

Maintaining this level of care requires significant ongoing investment. From licensed counselors and psychiatric professionals to telehealth platforms, wellness programming, and private counseling spaces, these resources cost far more than tuition covers. Your investment ensures students continue receiving:

- ❖ Goal-focused individual counseling with licensed professionals
- ❖ Crisis intervention and immediate support when students need it most
- ❖ Psychiatric services for students requiring medical care
- ❖ 24/7 telehealth access through AcademicLiveCare for physical and mental health
- ❖ Wellness events and stress-management programming
- ❖ Private, confidential spaces including a relaxation room and wellness resources

WHAT'S AT STAKE

If we invest: students continue getting fast access to comprehensive care that includes counseling, psychiatric services, telehealth, and wellness support - helping them persist and thrive.

If we don't: we risk losing the capacity to provide the level of care students currently receive, leading to longer wait times and reduced services that leave students struggling without support.



Make a Transformational Investment

**Keep the Promise:
Sustain the Services That
Help Students Thrive**

Every space has the power to change a life. When you invest in mental health and wellbeing services, you're ensuring that every student continues to have access to the comprehensive care SMC provides - not just academically, but as whole persons navigating the challenges of college life.

Funding Opportunities:

- Sustain Counseling & Psychiatric Services
- Support Wellness Programming & Resources
- Fund Student Wellness Center Enhancements

The Wellness Center offers more than counseling, it's a welcoming space with a relaxation room, wellness events, and resources that create a culture of care. Your investment sustains this essential support system.



Contact the Advancement Office

SPARTANBURG METHODIST COLLEGE

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